

# WRITING PROMPTS FOR RESPONSIBLE DECISION-MAKING

1. Recount a story about a time that you were proud of yourself for making a good decision when it was a really difficult decision to make.
2. Talk about what kinds of decisions are really hard for you to make. How do you get help to make them? Whose help do you enlist to do this?
3. Are you an organized person? If not, write about what steps you would take to get more organized in your "perfect world." If you are organized, talk about the steps you took that got you there.
4. When you see a problem that someone else is having, do you step in to help, or do you stay back and wait to be asked to help? Talk about the pros and cons of both of these options. And if you have an experience to share regarding this, talk about what you did and if it was the right decision. And also talk about how you would do it next time.
5. Sometimes it is very difficult to ask for help because we want to be seen as independent. Talk about good ways to ask for help and why we really need to at times. And talk about the benefits of giving and receiving help.