

# WRITING PROMPTS FOR SELF AWARENESS

1. How can you show respect for someone even if you don't personally agree with something they are doing?
2. You see a student you don't know very well off to the side of the playground. You are having a good time with your friends and don't really want to stop, but you know that something is wrong with that student. What do you do? Write a story about this. Include what you said when you approached that student, how you worked through their difficulty, and how the story ended.
3. You are at your favorite store with a few friends. But then out of the corner of your eye, you see someone steal something and stuff it in their backpack. What do you do? How does the whole story play out?
4. You have been asked to help feed the homeless this Saturday at your local homeless shelter. How do you feel about this? Afraid? Uninterested? Excited? Nervous? Explain how you feel it would go and how it would work out if you actually did this.
5. Talk about an experience you had that you needed a super amount of courage. Make sure to talk about the before, during and after circumstances.